



por la mañana...

for the morning...

FRUTA TROPICAL - *tropical fruit plate*

A FRESH ASSORTMENT OF LOCALLY GROWN
TROPICAL FRUITS

40

COPA SALUDABLE - *cup of health*

HOUSE MADE "SUPERNATURAL" GRANOLA LAYERED
WITH HOUSE YOGURT AND FRUITS

50

PANCAKES del TRIGO - *spelt pancakes*

MAPLE Y MANETQUILLA - *maple and butter*

MADE WITH IMPORTED ORGANIC MAPLE SYRUP AND
SERVED WITH FRESH BUTTER

60

JENGIBRE Y MANZANA - *ginger and apple*

GINGER AND SPICE INFUSED PANCAKES WITH HOUSE
APPLE COMPOTE AND GRATED MEXICAN CINNAMON

65

GRANOLA Y YOGUR - *granola and yogurt*

MADE WITH HOUSE MADE GRANOLA, STEAMED PLANTAINS
AND OUR OWN FRESH VANILLA YOGURT

65

PLATOS de HUEVOS - *egg dishes*

HUEVOS RANCHEROS

MEXICAN STYLE EGGS WITH SPROUTED WHEAT TORTILLAS, FRESH SALSA, QUESO FRESCO AND AVOCADO

70

A LA MEXICANA - *mexican style eggs*

TRADITIONAL MEXICAN SCRAMBLED EGGS TOSSED WITH FRESH SALSA,
AVOCADOS, CILANTRO AND SERVED WITH WHOLE WHEAT TORTILLA

65

TOFU, MOLE Y VEGETALES - *tofu, vegetables and mole*

SCRAMBLED HEALTHY TOFU AND FRESH VEGETABLES MIXED
WITH A HOUSE MADE MOLE SAUCE

75

REVUELTOS DEL DIA - *egg scramble of the day*

OUR CHEF'S SPECIAL CREATION MADE WITH CHOICE INGREDIENTS
INCLUDING ORGANIC HERBS, VEGETABLES, LOCAL CHEESES

70

TORTILLA DE ESPANOLA - *spanish style eggs*

TRADICIONAL - *traditional*

TRADITIONAL STYLE MADE WITH THINLY SLICED POTATOES AND
COOKED SLOWLY WITH ONION AND FRESH EGGS

60

DEL DIA - *of the day*

SPECIAL CHEF DESIGNED SPANISH TORTILLAS BAKED FRESH USING FRESH
EGGS AND VEGETABLES

65

por la tarde...

in the afternoon...

ENSALADAS - *salads*

ENSALADA de ESPINACA - *spinach salad*

FRESH SPINACH, GOAT CHEESE, SPROUTS AND SPROUTED WHEAT
AREPAS WITH HIBISCUS VINAIGRETTE

70

ENSALADA DE TORONJA - *grapefruit salad*

FRESH GREEN SALAD, GRAPEFRUIT, ONON, AVOCADO AND ROASTED
WALNUTS WITH A HONEY-CITRUS VINAIGRETTE

65

ENSALADA DE CIELO ROJO - *cielo rojo salad*

FRESH TROPICAL FRUITS, CILANTRO, QUESO FRESCO, ORGANIC GREENS, WHEAT TORTILLA
CRISPS AND A LIME-CHILI VINAIGRETTE

70

QUESADILLAS de la CIELO ROJO - *specialty quesadillas*

HOJA SANTA Y QUESO DE CABRE

mexican pepperleaf and goat cheese

CREAMY FRESH GOAT CHEESE MIXED WITH THE UNIQUE MEXICAN
PEPPERLEAF "HOJA SANTA"

65

MARLIN AHUMADO Y QUESO PANELA

smoked marlin and panella cheese

LOCALLY SMOKED MARLIN, FRESH SPINACH AND LOCALLY MADE MEXICAN
PANELLA CHEESE IN A SPROUTED WHEAT TORTILLA

70

QUESADILLA DEL DIA

of the day

OUR CHEF'S SPECIAL QUESADILLA DESIGNED WITH
FRESH AND LOCAL INGREDIENTS

70

SOPAS

GAZPACHO DE MEXICO - *mexican gazpacho*

OUR GAZPACHO IS MADE WITH LIGHT FRESH TOMATO PUREE AND
TOPPED WITH FRESH HERBS AND VEGETABLES

50

DEL DIA - *of the day*

MADE FROM SCRATCH SOUPS USING FRESH AND ORGANIC VEGETABLES
CHANGING OFTEN

50

EXTRAS

YOGUR de la CASA - <i>house made yogurt</i>	25
PAN TOSTADA - <i>whole grain toast</i>	20
MERMALADA de la CASA - <i>house made marmalades</i>	15
GRANOLA de la CASA - <i>house mixed granola</i>	30
SALSA FRESCA - <i>fresh made salsas</i>	10
AREPAS - <i>sprouted wheat crackers (4)</i>	25
TORTILLAS - <i>fresh tortillas (4)</i>	10